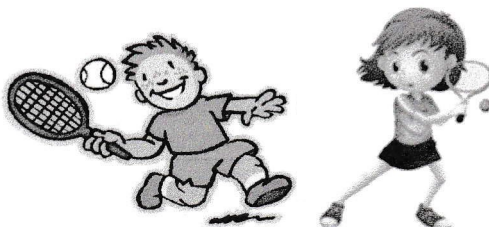


5 yrs. - 8 yrs.
Achievement Card 2



My Name: _____

I know my correct grip and the name	
I completed my Agility Exercise Programme	
I can throw the ball underarm consistently at target	
Tennis Ireland skills award 1 completed roll accuracy	
Tennis Ireland skills award 1 completed co-ordination	
I know my ready position	
I can stand in my ready position and hit Forehand and Backhand	
I can hit the ball before it bounces - volley	
It is my responsibility to bring a bottle of water to tennis	
I can rally with a partner	
I can bounce the ball (volley) on my strings with correct grip	
My personal best rally with the coach is	
My personal best rally with the coach is	



Date: _____