5 yrs. - 8 yrs. Achievement Card 1



My Name:	
I can roll the ball to my partner	
I can use the racket to push the ball to my partner	
I know my correct grip	
I can throw the ball in the air and catch with both hands	
I can balance the ball on my racket with the correct grip	
I can run with my head level, eyes forward and arms up	
I can walk the tightrope, hop, and balance cone on my head	
I can play with my friend or partner	
I completed my Agility Exercise	
It is my responsibility to bring a bottle of water to tennis	
My longest rally with the coach	
Date:	